



www.causewayu3a.co.uk

11 April 2024

Cu3a Autumn Holiday

The Autumn Holiday to Scotland is now full. (10 singles and 20 twins). Since we are 6 months from our departure there may occur some availability. Should anyone wish to be placed on the Waiting list, please contact Ken Canavan by email, land line or mobile kencanavan@hotmail.co.uk / 02820731157 / 07725622688.

Cuppa'n'Chat

This will run as usual on the third Thursday of the month, **18th of April**, 10.30-12 noon in the reception area of The Lodge Hotel, Coleraine. All welcome, this is a very informal get together. Look out for Causeway u3a sign in the foyer. The May get together will be on May 16th, same time and place.

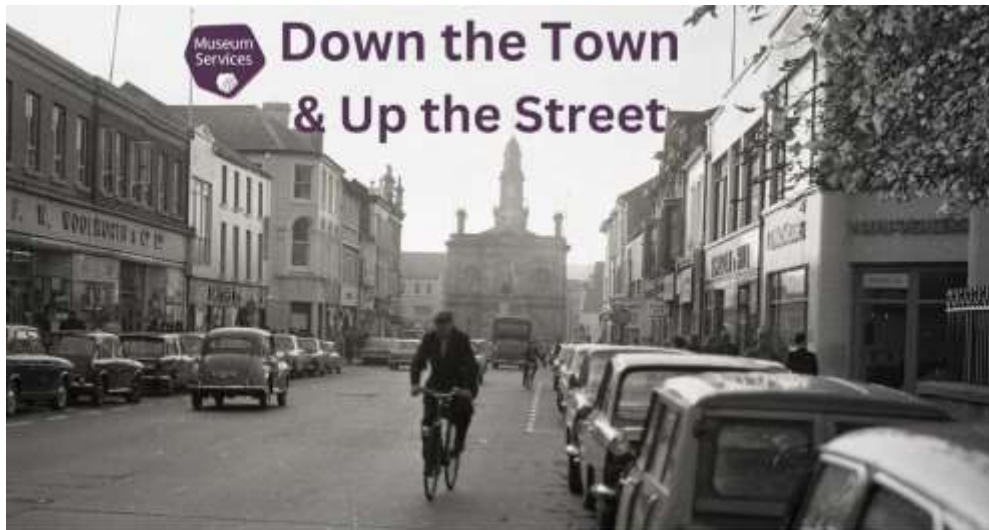
Reminder

The Causeway u3a AGM will be on **Thursday 2nd May** at 11am in The Lodge Hotel. The formal notification and papers have been circulated to all members. After the formal business there will be a short musical interlude with Katy Bustard (Harp) and David Mills (Small Scottish Pipes) followed by a talk from professional archivist and keen local historian, Robert Corbett, who will celebrate the creation of the Royal National Lifeboat Institution in 1824 and tell us about '200 Years of the RNLI in Ulster'.

Local Activities

Down the Town and Up the Street

The Community Development Section of CCGBC will be holding a reminiscence session in Coleraine Town Hall on **Thursday 25th April** at 2pm, when they will make their way down the town with a slideshow of images from the archives of Causeway Coast & Glens Museum Services and the Chronicle & Constitution. Further details *attached*.



Join us for our fantastic new project in Coleraine! **Down the Town & Up the Street** will look back to the many shops which served the community over the years. We want to share your memories, whether you were going down the town to do your shopping or just running up the street to get a message – tell us about your favourite shops and the people who worked in them.

We will be holding two reminiscence sessions in Coleraine Town Hall on Monday 8th April at 7pm and Thursday 25th April at 2pm, when we'll make our way down the town with a slideshow of images from the archives of Causeway Coast & Glens Museum Services and the Chronicle & Constitution.

On Tuesday 16th April, Brónagh McAtasney, Access & Outreach Officer for the Northern Ireland Screen's Digital Film Archive will show films of Coleraine as it used to be. The Archive is a collection of films from across Northern Ireland and Ulster going back over 120 years full of historical and personal stories in television, home movies and independent film. This free event will be held in Coleraine Town Hall at 7pm.

Make sure to come along and share your memories over a cup of tea and then in May we'll take a couple of walks up the street to share some more memories and start mapping the shops. For catering purposes please let us know if you can join us by telephoning 028 2766 0230 or emailing museums@causewaycoastandglens.gov.uk

Portrush Heritage Group Evening

Diary date for the Portrush Heritage Group meeting is **Wednesday 17th April** when the speakers will be Dr Robin Ruddock on “The Currach in Ulster’ and Grace McAlister on their Mapping Monuments Project and related exhibition at Roe Valley Arts Centre.

Counterpoint Summer Concert

The Counterpoint Choir Summer Concert is on **Saturday, 22nd June** at 7.30pm in St Patrick’s Church Coleraine. For details of the soloists and other information, see the *attached* poster.

DIRECTED BY
PETER WILSON

WITH SPECIAL
GUESTS :

MICHAEL DIAMOND (BARITONE)
LAUREN MCKEOWN (OBOE)

SUPPORTING THE WORK OF :

RESTORED MINISTRIES IN COLERAINE
NORTHERN IRELAND CHEST HEART & STROKE

COUNTERPOINT CHOIR
SUMMER CONCERT

22 JUNE 2024
AT 7:30 PM

SUGGESTED
SUBSCRIPTION :
£10 AT THE DOOR

VENUE :
ST PATRICK'S CHURCH
COLERAINE

ALL
VERY
WELCOME

FOR MORE INFO. FOLLOW
US ON SOCIAL MEDIA :

 'COUNTERPOINT
COLERAINE'



Volunteers wanted to join Independent Monitoring Board

The Department of Justice is recruiting members to the Independent Monitoring Board, who play a crucial role in the oversight of prisons.

Justice Minister Naomi Long said: “The Independent Monitoring Board members provide a vital function in our prison system, monitoring the treatment of prisoners and the conditions of their imprisonment. Members are impartial observers of all aspects of the prison regime and have a real opportunity to make a tangible difference to people’s lives. I encourage anyone with an interest in this area of work, who think they have the appropriate skills, to apply for this rewarding role.”

IMB members are a regular presence in the prison establishments, reporting on the conditions in detention and the treatment of prisoners. This role also provides an opportunity to gain transferable employment skills such as decision making, teamwork and influencing others.

This opportunity is open to those over 18 and no formal qualifications are required for the role. It is more important that volunteers are effective communicators, enthusiastic, open minded, empathetic and have the ability to make sound, objective judgements.

Find out more about what the role of an IMB member involves on their [Youtube channel](#)

Members are initially appointed for a period of three years, with a possibility of re-appointment for a further two terms, up to a maximum of nine years. Members must reside in Northern Ireland.

Further information and how to apply is available at the [publication section](#) of their website.

Scams

Advice from Which magazine about scams:

If you could pick one thing you recommend to avoid or combat scams, what would it be?

Never simply hand over your money or personal data to someone asking - no matter how reasonable the request sounds. Always stop, take 5 minutes and figure out how to verify what you’ve been told.

Email address for items for the newsletter: newsletter@causewayu3a.co.uk